

“My BHS junior was buried in homework from the start of school, as in his past two years. High school has been a persistent nag, brewing daily stress for him, causing this bright quirky fun kid to no longer like school and feel the blues every day. It got to the point of him withdrawing and even quitting his few fun things. I had heard Pat speak at BHS two years earlier on the teenage brain - so interesting! I reached out to her and signed my son up for nearly a full semester of weekly meetings between her and my son. It has been a transformation for him. He has made leaps and bounds in efficiency and organization. He no longer feels buried in homework and his confidence has been restored. He’s in control again. His mood and outlook have been revived. I’m so grateful to Pat! She was exactly what he needed!”